

## **APLICACIÓN TRAINING PATH**

The training course was held in the month of April with 5 women victims of gender violence. Was developed over a week in three-hour sessions daily.

The course was named "Management and business management for women victims of domestic violence." This course is aimed at promoting entrepreneurship insertion with women victims of gender violence.

### **The contents of the training path is as follows:**

This course consists of three sections:

#### First section: How to create an integration enterprise?

Time: 5 hours

- Social economy: integration companies.
- Legislation to create social enterprises.
- Types of social economy enterprises.
- Third sector non-profit organizations and social enterprises.

#### Section Two: Funding for start-ups

Time: 3 hours

- Mutual guarantee societies
- Calls from private foundations for entrepreneurship in the social economy.
- Opportunities in the European Union.

#### Third section: Steps to start a business

Time: 10 hours

- The business idea

- Characteristics of the entrepreneur
- Business plan

Most destacados problems we face in the execution and implementation of the training path was low self-esteem, so that at first felt completely unable to think about the possibility of creating their own empresa. Ellas thought it was an impossible mission.

Once detected this problem, we decided to paralyze the development of training path, as had at first raised with the help of an educator was given an introductory session working technique of self-esteem and motivation.

After this session the normal evolution of the training path was resumed. From another point of view, in terms of course content, the hardest part for women participants was the understanding of the third section and the need and business plan development.

This function also depended on the prior formation of the course participants. In the pre-selection of course participants raised the requirements for it to be as homogeneous as possible was that all had attended university, to develop course content easily. Women who had had a closer look at the studies training business found it easier to understand.

## **Main Conclusions**

The main conclusions are:

- In the case of women victims of gender violence must be designed training paths including an initial section in which the issues of self-esteem and motivation are addressed so that participants can develop the rest of the training path as normally.
- The selection of participants should be done with criteria which are the pursuit of greater homogeneity in the prior formation of these women, for better development of the course.
- The number of hours should be increased for better integration of knowledge, adding practical activities, reinforcing the theoretical part.

- The general attitude of the participants is of great interest and are very receptive to all possibilities that can offer them to overcome their situation and develop their lives normally.
- From the point of view of the people who have organized and implemented this training path, the experience has been very rewarding because people are very receptive and have a great capacity for work and improvement.